



## It's Showtime! What's In Your Bag?

Planning for your week in the theatre includes having a well-organized dance bag. Here are items you will want to have in your bag.

A fresh clean **extra pair of tights** – in case of emergency.

### **A small bag with your personal Hair Supplies:**

Comb/Brush, hair-nets, bobby pins/clips, elastics

**DO NOT USE ANOTHER'S COMB/BRUSH OR USED ACCESSORIES! BRING WHAT YOU NEED FOR YOUR USE.**

### **A small bag with your personal Make-up Supplies:** (Easy does it youngsters. A little goes a long way.)

Lipstick, Eye-shadow, Blush

**DO NOT USE ANOTHER'S MAKE-UP OR MAKE- APPLICATORS! BRING WHAT YOU NEED FOR YOUR USE.**

### **A small bag with Personal Toiletries**

Deodorant, make-up wipes, etc.

Please keep good hygiene. Dressing rooms can get hot and “close”.

All **shoes** pertaining to this show. **Write your name inside ALL your dance shoes.**

Shoes lost or ending up in someone else's bag cause unnecessary distress.

### **Sweat pants/ Zip-up Hoodie**

- In case the dressing room gets chilly. You never know how the AC will be set.
- ALSO - Sweatpants keep tights clean when sitting/stretching on potentially dirty floors.
- Zip-ups can be taken on and off without messing up hair or makeup!

Older Dancers – **Sewing kit.** Keep those straps and ribbons sewn tightly.

### **Water Bottle** – Sports lids ONLY

**No open top or screw on lids permitted in the dressing room.** All it takes is one dancer to leave the lid off to ruin someone's performance. **NO STICKY OR COLORFUL (staining) DRINKS. WATER ONLY.**

### **Something to read or quietly engage in**

There is always waiting time. Staying quietly focused helps the dressing room stay calm.

### **TIPS**

- Place your name on ALL your personal items!
- Do NOT bring valuables to the theatre. Bring ONLY what you need for the show and immediately after.
- Make-up and toiletry items should be in their own smaller bag. We are reminded of the eye-shadow which came open in a dance-bag and made multi-colored “art” on a pair of pink tights.
- On show-days, as you arrive, wear the clothes you will wear after your performance. No dancers will be permitted to enter the house in just dance clothes once our audience has arrived.